

The Atlanta Workshop Players

present

Performing Arts Camp 2021



VIP Movie Camp AND Performing Arts Intensive Information Guide Book

Welcome to your Creative Adventure

This document is designed to answer questions concerning AWP's Performing Arts camp. We suggest that parents and students read this information together.

NOTE: The camp medical form must be printed & then filled out by a physician prior to camp. Please upload completed form to: <https://www.dropbox.com/request/orI9jReMVrYIIN39MZrV>, any questions email Info@AtlantaWorkshopPlayers.com. **ALWAYS** bring a hard copy of the medical form with you to registration as a backup.

Safety is of primary importance! ALL Students will be required to take a COVID-19 rapid test upon arrival on the first day of camp. Everyone with a negative result will be admitted.

AWP Contact info:

(770) 998-8111

General: Info@AtlantaWorkshopPlayers.com

Office Manager: Taylor@AtlantaWorkshopPlayers.com

Social Media: Ashlyn@AtlantaWorkshopPlayers.com

www.AtlantaWorkshopPlayers.com



@awplayers



@atlantaworkshopplayers



www.facebook.com/atlantaworkshopplayers

General Camp Information & Policies

CAMP LOCATION: Brandon Hall School 1701 Brandon Hall Dr, Atlanta, GA 30350

AIRPORT PICK UP: AWP Camp staff can meet campers at Atlanta airport for a fee of \$75.00 each way. Call (770) 998-8111 one week in advance to make arrangements. Speak directly with an AWP administrator. A confirmation call is required 2 days prior to pickup.

INSURANCE & PHYSICAL: Campers must be covered by their own health insurance and are required to have a physical completed by a licensed physician within one year of camp date in order to be admitted to the program. A sports physical is sufficient. Failure to comply will result in the camper not being admitted to the program, in which case no refund of camp fees will be made. Upload enclosed Medical Forms one month before camp.

(<https://www.dropbox.com/request/orl9jReMVrYIIN39MZrV>) Email Info@AtlantaWorkshopPlayers.com to confirm receipt. Bring hard copy with you to check-in on the first day. Thank you.

COVID-19 REGULATIONS: AWP is following CDC recommended guidelines while at camp. Campers and staff will take a rapid test upon arrival on day 1 (AWP will arrange for testing on campus. The test is FREE with most insurance. Families will be responsible for the cost, if not covered by their insurance) If the camper/staff member tests negative, they will be admitted to camp. If they test positive, they will not be allowed to attend camp and no refund of camp fees will be made. However, a credit balance, equal to ½ of the camp fee will be created to be used for any other AWP classes, workshops, camps and events within the next 18 months. Masks, temperature checks and regular hand washing and sanitizing are required while at camp.

MEDICATION: All medications, including “over-the-counter” must be left with the Camp Medical Staff. Any medications found in possession of a camper will be confiscated, parents will be notified & dismissal from camp could result. “Over the counter” meds are available in the Camp Clinic & can be given by the Medical Staff if deemed necessary & permission has been granted by the parent on the Medical Form.

CLASSES: Students attend daily classes, rehearsals and may choose electives in any subject area, regardless of weekly major chosen. Students are encouraged to take classes in all subject areas (i.e. dancers take acting classes; actors take movement classes etc.) in order to have a well-rounded, performing arts experience. Besides, it’s a blast to try new things while surrounded by fun, creative people! Dance wear and neat hair are required for dance classes.

AUDITION FOR CASTING DIRECTORS AND TALENT AGENTS: Experienced acting students in VIP Movie Camp and the Performing Arts Intensive, have a rare opportunity to perform a **prepared** monologue for Agents and Casting Directors and receive one-on-one feedback. One minute monologues must be prepared, prior to coming to camp. We suggest working with an on-camera acting coach before camp. AWP acting coaches will help polish audition pieces during camp. Occasionally, coaches will recommend that a student wait until they have had more time to prepare or until they find a monologue that truly represents their ‘type’ and shows the range of their artistic skill. In that case, it would be better to wait and ‘Wow’ them later, rather than perform a piece that represents less than your best work. This is a great opportunity, so prepare extremely well!

CABARET NIGHT:

Campers have the option to perform for each other!

Perform whatever you're best at:

Song
Magic
Dance
Comedy
Juggling
Unicycle
Bagpipes

Prepare prior to camp and bring:

Any Props
Costumes
Music
Materials needed to share talent.
NOTE: All material/lyrics must be appropriate for ALL AGES.
Parents please listen carefully for inappropriate subject matter & adult language/content...
(Google helps!)

MAIL: Residential Campers love mail, it brightens their day. We recommend mailing **PRIOR** to camp starting. Please address mail as follows:

Camper's Name
Atlanta Workshop Players - CAMP
% Brandon Hall School
1701 Brandon Hall Dr
Atlanta, GA 30350

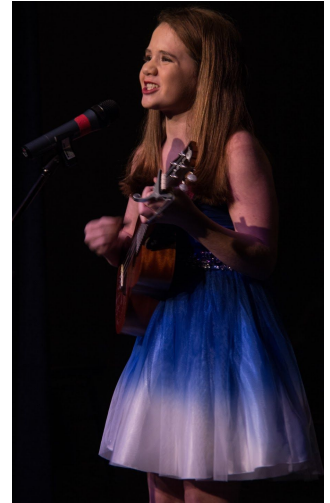
LODGING, ROOMMATES, & MEALS: Camp price includes all classes, workshops, entertainment, shows, recreational activities, supervision and meals at Brandon Hall School. Lunch and dinner included for DAY students! Lodging is provided for Residential Students, who will be assigned to roommates of the same gender & near the same age. We will honor a request for friends to be in the same room or suite, if their age & gender allow AND both parents make the request in writing. Campers are advised to leave valuables at home. Pack for the entire stay. There is a coin-operated laundry facility just in case. **BEDDING?** Bring sheets, blanket, pillow, towels, toiletries etc. There are options for some specialty diets, vegetarian, vegan, gluten free, lactose free etc. Contact AWP at least 2 weeks in advance to discuss special diets and food allergies.

DAMAGE DEPOSIT: \$75 Refundable damage deposit made out to AWP in a separate check. If student has not caused any damage to dorm room, equipment or other facilities, then check will be returned at check out. In the event that damage is caused, the deposit will be retained by AWP and any additional repair costs will be billed to parent. Thank you. AWP is a nonprofit 501(c)(3) organization. At the end of camp, if you wish to donate your unused deposit, the funds will go toward student scholarships!

***NOTE:** Cabaret Performances Must be 2 MINUTES OR LESS. Please sign up online in advance or in person at check-in. We cannot accept requests after check-in.

Music/Labeling:

-IPhones/Devices labeled with: camper's name, track #, title of performance piece & any codes.
-We suggest you make an edited track containing the portion of the song you intend to perform and secure a note to the device with your first/last name, device code (if it has one) and the name of the song.



***NOTE:** Due to AWP's "No Electronics" policy, iPhones & electronics must be left with a house parent until needed. AWP is not responsible for damage or loss.

PARENTS: Please discuss the importance of cleanliness and personal hygiene with your children! We're trying to avoid the pungent classrooms. Let's work together! Bathing is good!!

WHAT TO BRING: Keep packing simple & limited to what you feel the camper will absolutely need. Use a permanent marker to write the camper's name on every item. Pack enough changes of clothing for the length of the session.

PACKING LIST:

- | | | |
|---|---|--|
| -Water Bottle w/ lid | -Flashlight & batteries | **That CANNOT access the internet or make phone calls (optional) |
| -Money for snack bar (optional) | -Toiletries | -Red Carpet Clothes (fancy dresses, suits etc.) |
| -Pajamas/bathrobe | -Sweater | -Decades party costume (more details below) |
| -Any music, costumes or props for Cabaret | -Notebook, pen & pencil | -Twin sheets/blankets/pillow |
| -2 pair of shoes | -Raincoat or poncho | -Towel |
| -10 Headshots/resumes(or snapshot) | -3 bean bags or 3 chiffon scarves for juggling | |
| -Dance wear or sweats | -Musical Theatre Majors: Recording device w/ batteries. | |
| -Casual, comfortable clothing | | |

ITEMS NOT TO BRING:

- | | | |
|-------------|--|--|
| -Cellphones | -Clothing that promotes alcohol, tobacco or obscenities | <i>*The possession of these items could result in dismissal from camp. AWP cannot be responsible for lost items, although every effort would be made to find them. Leave valuables at home. Pack carefully when leaving.</i> |
| -Computers | -Any electronic device that has internet access OR makes phone calls | |
| -TVs | -Any item that could be of potential danger to yourself or others. | |
| -Knives | | |
| -Weapons | | |
| -Matches | | |
| -Lighters | | |
| -Cigarettes | | |

AWP NO ELECTRONICS POLICY: Communication devices, Apple Watches & other electronics that can access the internet, text, call, etc are not allowed on campus. We will be busy communicating artistically & find that these devices disrupt the magical experience of Camp! They have also been the catalyst for most problems on campus. (Everything from increasing homesickness to accessing adult websites.) Our goal is to keep everyone safe & happy. Therefore, the "NO ELECTRONICS" policy is strict. If your camper is caught with one of these devices, you will be called to pick them up from camp immediately, with no refund. *** If your child needs to call home they may do so at the nurse's station. Thank you for understanding.

PHONE CALLS TO & FROM CAMPERS: Calls disrupt the camp program and often increase homesickness. Parents may reach the camp staff by leaving a message at (770) 998-8111 or on Lynn Stallings' cell phone, (770) 366-6888. We'll be busy creating a joyful, artistic experience for the campers, so please call ONLY if it's URGENT.

DRESS CODE: The Atlanta Workshop Players believe in expressing your artistic creativity in all that you do, including how you dress! We encourage you to wear articles of clothing that express your individuality! When making these choices, we ask that you take into consideration a certain level of modesty. Avoid clothing that is too sheer, extremely low cut, or displays suggestive phrases, designs, profanities, etc. Sometimes choices are a little skimpy & you may be asked to change. Other than that, have fun with your fashion choices!

REFUND POLICY: In case of cancellation, all fees, minus \$100 processing fee, are refundable through April 15th. **NO REFUNDS WILL BE MADE AFTER** April 15th UNLESS the student tests positive for Covid-19 on the first day of camp. Then ½ the fee is refundable in the form of a credit balance to be used for any AWP programs during the next 18 months. All cancellations must be in writing. **NO** deduction is allowed for late arrival, early departure, withdrawal, or dismissal. [Pre-registration with early bird discounts is Non-Refundable.](#)

FOOD: Brandon Hall has options covering many dietary restrictions. (Vegetarian, Gluten free, Nut free) You are more than welcome to bring any snacks and food you would like to have in your room.

SUPERVISION: The success of your child's camp experience is directly related to the quality of our staff who are instrumental to our close-knit family atmosphere. Many staff members have grown up with AWP, and most members return for many years. **Counselors** are chosen based on their love of children, leadership ability and expertise in the performing arts. Each counselor is carefully screened and participates in an intense counselor training program. They will work the closest with your child, providing them with an artistic adventure they will talk about for years to come! There will be 1 or 2 counselors for approximately 7 to 10 students. **House Parents** are in charge of your child's living quarters. They play a major role in your child's care. They become their "Other Parent" for the week and make them feel right at home! If a student is feeling homesick or just needs some advice, they are there to help make things better. **Medical Staff** members have become some of the most beloved members of our AWP family! Physicians and/or RN's make up this "Care Package" that is ready to fix your boo-boo's or just plain "cheer you up" anytime of the day. They deliver all medications and monitor any health concerns. We love them dearly and you will too! Nearby Hospital:

Children's Healthcare of Atlanta 1001 Johnson Ferry Rd. NE Atlanta, GA 30342
Northside Hospital 1000 Johnson Ferry Rd. NE Atlanta, GA 30342

Administrative Staff works around the clock to make sure your child's needs are met. They know that each child is special & will help make your requests a reality. They are here to make your "Camp" experience a fantabulous adventure! Security cameras and monitors are on site. AWP Staff on site includes: House parents, head counselors and counselors as well as two members of our medical team. Your child's safety always comes first!

DISCIPLINE: Camp is a place where young people can be free to have a good time in a creative atmosphere & enjoy many exciting activities with others. We do not expect any discipline problems. However, in the rare event that a camper might create a situation which disrupts the camp program or could be harmful to themselves or the other students, parents will be notified to pick up that student immediately ([In which case, the camp fee would be nonrefundable](#)). SMOKING, TOBACCO, ALCOHOL, PROFANITY, STEALING, THREATS, ACTS OF VIOLENCE, WEAPONS, SEXUAL CONTACT, BEING OUT AFTER CURFEW, ANY ILLEGAL ACTIVITY, UNRULY BEHAVIOR, BREAKING THE AWP NO-ELECTRONICS POLICY AND ILLEGAL DRUG USE OR POSSESSION ARE STRICTLY FORBIDDEN AND WOULD WARRANT IMMEDIATE DISMISSAL FROM CAMP. A student's person and/or personal belongings (purse, suitcase, backpack, etc.) may be searched whenever the AWP directors have reason to believe that the student is in possession of illegal or unauthorized materials. If an AWP staff member has reason to believe that a particular student has an item imminently dangerous to the student or others, a more intrusive search of a student's belongings or room may be conducted without the student's consent. DRUG DOGS may be used as part of AWP's security team to insure a safe & drug free environment. Parents are responsible for any damages, or defacing of property incurred by students while at camp and will be billed for any damages, after inspection at the end of camp.

NOW THE FUN STUFF! VIDEO MEMORIES LAST A LIFETIME: Your Residential Camp tuition includes a camp T-Shirt AND a camp Video. These videos are exciting, entertaining and give an overview of the week's classes, events and shows. The video will include all Movies and Video projects created by the Movie Camp AND Performing Arts Intensive AND the complete, final show. There is a great deal of post-production required to create these dynamic videos! So expect delivery via email in September)



ARRIVAL & CHECK-IN for RESIDENTIAL & DAY CAMPERS

Session arrival dates & locations are:

VIP MOVIE CAMP RESIDENTIAL Campers

Sunday, June 13th, 12:30pm on Brandon Hall School Campus
1701 Brandon Hall Dr, Atlanta, GA 30350 Eat Lunch BEFORE arrival.

VIP MOVIE CAMP DAY Campers

Sunday, June 13th, 1:30pm on Brandon Hall School Campus 1701 Brandon Hall Dr, Atlanta, GA 30350 Eat lunch BEFORE arrival on day one. Camp hours 1:30-9pm Sunday, 10am-9pm daily Mon-Thurs. 10am-5pm Friday. Lunch, dinner and snack included each full day. Pick up will be at the Great Hall, circle drive each evening at 9pm. Early pick up for **weekend break** on Friday, June 18th at 5pm at Great Hall circle drive. Return to campus Monday, June 21st at 12 noon, Eat lunch BEFORE arrival. Drop off At Great Hall circle drive.

Second week hours: 12noon-9pm Monday, 10am-9pm Tues-Friday, 10am-3:30pm Saturday.

VIP MOVIE CAMP RESIDENTIAL Weekend Break:

Weekend break begins at 5:00 pm on Friday June 18th.

** Parents pick up residential students at 5pm at Brandon Hall dorm

** Students RETURN Monday, June 21st 12 noon, Eat lunch BEFORE arrival.

** Drop Off at dorm.

****Option to STAY on campus over the weekend.** AWP provides supervision, housing, food, and activities for a weekend fee of \$300.00

PERFORMING ARTS INTENSIVE DAY CAMP

Arrive Monday, June 21st at 12 noon, Eat lunch BEFORE arrival.

Camp hours: 12noon-9pm Monday, 10am-9pm Tues-Friday, 10am-3:30pm Saturday.

Lunch and dinner included each full day.

Daily drop off and pick up in the circle drive at the Great Hall

1701 Brandon Hall Dr, Atlanta, GA 30350.

DEPARTURE AND FINAL PERFORMANCES

VIP MOVIE CAMP has TWO final events - Family & Friends & Performing

Arts Intensive Students Invited:

10:30am Saturday June 26th VIP MOVIE CAMP RED CARPET PREMIERE begins in the THEATRE on the Brandon Hall Campus, 1701 Brandon Hall Dr, Atlanta, GA 30350

2pm Saturday, June 26th PERFORMING ARTS INTENSIVE AND VIP MOVIE CAMPERS LIVE VARIETY SHOW-Family & Friends invited.

Note: The Live Variety Show with VIP Movie AND Performing Arts Intensive Campers is an informal performance showing samples of class work done during the week. These are “works in progress”. All students have the option to participate in the show by choosing the classes that prepare performance pieces. Students also have the option of choosing non performance classes. Video projects will be shown on screen during the show, and we strive to repeatedly include every camper in our camp video. Therefore, some performers will appear on stage several times; others may appear in the video & closing number only.

DON'T FORGET: At checkout, you do have the opportunity to PRE-Register for Summer Camp 2022 and receive a HUGE discount when you pay in full. Amaze-beans!!!!

What to Expect at VIP Movie Camp

PRE-CAMP AUDITION

***** Your initial VIP Movie Camp audition will happen prior to camp:**

AUDITION PREP: Sides will be sent out to all campers on MAY 1ST with instructions on how to submit your self-tape. The email will also include tips and guidelines for a successful self-tape.

First 6 Days of VIP Movie Camp focus on video production. Every student comes prepared with their callback material. They may also be asked to do cold readings or improv for call-backs. Every camper will be assigned to one or more projects. Then we MAKE MOVIES!!!! Each student will get screen time AND production experience, learning what it takes in front of the camera and behind-the-scenes to produce a Movie!

Weekend Break

Next 6 days will be 'post-production'

Some students will be involved in editing, ADR, VO, shooting pick-up scenes etc. Students will also be heavily involved taking classes, working on performance projects, seeing shows, recreational activities and have the option of AUDITIONING for CASTING DIRECTORS & AGENTS. They will choose a major during this section (Video or Musical Theatre. See description below) and prepare a performance piece. VIP Movie Camp students have two final events on Sat. June 26th. A live variety show AND a Screening of projects during a Red-Carpet event. All films will be entered into Film Festivals next season. If accepted, students earn professional-level IMDB credit! Many will have clips to use for your demo reel!

It's Party Time!

AWP Camp 2021 Theme

“GET IN CHARACTER”

Pick your favorite tv or movie character and dress the part!

Come to your AWP party dressed to show off your favorite character from television, movies or animation! No need to spend any money! Use your imagination for great ideas to deck yourself out! Get creative! Go big y'all! **Let's Party!!!!**

DESCRIPTION OF MAJORS For 2nd week of VIP Movie Camp & Performing Arts Camp Intensive (Day & Residential)

On Camera Majors (Video) prepare a “mini movie”. This could be a movie “trailer”, soap opera, commercial, music video, PSA, etc. Students & counselors “brainstorm” for story ideas. There is a video preparation workshop to discuss ideas. Videos are shown during the final show.



Musical Theatre Majors work with a Top Choreographer & Musical Director to prepare a musical production number for performance during the final show.



***NOTE:** If after reviewing the descriptions above you find that you have chosen a major that isn't a good match -- please call the office immediately at 770-998-8111 or email: Taylor@AtlantaWorkshopPlayers.com to change it.

AUDITION NIGHT WITH CASTING DIRECTORS & TALENT AGENTS:

EXPERIENCED ACTORS are invited to prepare a one minute monologue (scene) to perform for professionals who are in a position to provide agent representation, cast major films, television shows, commercials, and professional theatre. The monologue should be television/film style and be conversational (rather than narrative, presentational or poetry) **MUST BE PREPARED BEFORE CAMP!** Our staff will coach each performer and help them determine if their piece is ready for a professional level audition of this type. Each of the casting directors and agents will give the performers an individual critique of their work. This is a rare opportunity. We hope that all experienced students will take advantage of the audition and prepare well. Campers that are not actively participating will also be inspired by this experience as they take on the roll of the audience. They get to be entertained and learn from observing the audition process.

THE FOLLOWING IS A LIST OF STRONG RECOMMENDATIONS FOR PREPARING THE MONOLOGUE:

1. FIND A CONTEMPORARY TV/FILM ORIENTED MONOLOGUE WITH A RANGE OF EMOTIONS.
2. IT IS BEST TO HAVE 2 CONTRASTING PIECES PREPARED (ONE HUMOROUS, ONE SERIOUS). THE MONOLOGUE COACH WILL HELP YOU CHOOSE THE BEST PIECE FOR YOU.
3. CHOOSE A PIECE THAT FITS YOUR AGE, LOOK & "TYPE".
4. AVOID ANYTHING THAT RHYMES. CONVERSATIONAL SCENES ARE BEST.
5. AVOID SUBJECTS THAT ARE EXTREMELY CONTROVERSIAL, VERY DISTURBING OR DEPRESSING. * COMEDY IS REFRESHING!!!! Choose the style that you are best at, of course, but when in doubt.....choose Comedy.
6. AVOID USING TOO MANY PROPS. (A PAIR OF GLASSES OR A CELL PHONE ARE APPROPRIATE)
7. STICK TO THE ONE-MINUTE TIME LIMIT TO AVOID BEING CUT OFF.
8. MEMORIZE LINES, PREPARE WELL IN ADVANCE AND KNOW YOUR MATERIAL THOROUGHLY. STUDY ENTIRE SCRIPT,
NOT JUST YOUR MONOLOGUE. BE ABLE TO ANSWER QUESTIONS ABOUT YOUR CHARACTER'S BACKGROUND, MOTIVATIONS, GOALS, ETC.
9. DO NOT WEAR A COSTUME BUT DO WEAR STREET CLOTHES THAT SUGGEST YOUR CHARACTER.
10. PREPARE AN INTRODUCTION: SAY YOUR FULL NAME AND THE NAME OF THE SCENE YOU ARE GOING TO PERFORM. KEEP IT VERY BRIEF AND PROFESSIONAL AND SMILE! THERE IS NO NEED TO EXPLAIN WHAT IS GOING ON IN THE SCENE, JUST THE TITLE.

WHERE TO FIND MONOLOGUES:

- A. PLAYS - Make sure the scene fits your age. We suggest a contemporary piece that can be performed in a realistic TV/film style.
- B. FILMS OR TELEVISION SHOWS - "Lift" scenes from movies etc. Lift only the "words", do not try to copy the actor's Interpretation. Make it your own.
- C. WRITE AN ORIGINAL MONOLOGUE - Make sure it is conversational with a range of emotions and very well written.
- D. BOOKS - Written in the first person.

HINT: Most people do serious scenes, so agents are thrilled & refreshed when someone does a strong comedic piece. If you are good at comedy.....go for it!

**AVOID Scenes from Monologue Websites--They're Over-used **

PREPARE WELL AND HAVE FUN!!!



ATLANTA WORKSHOP PLAYERS

changing the WORLD,
ONE Audience at a TIME!

MEDICAL FORM

NAME: _____
 PARENT(S) NAME: _____
 PARENT(S) NUMBERS: _____
 PARENT(S) EMAIL: _____
 ALLERGIES: _____
 EMERGENCY CONTACT: _____

LIST OF MEDICATIONS:

NAME OF MEDICATION	DOSE	BREAKFAST	LUNCH	DINNER	BEDTIME	OTHER

OK TO GIVE OVER THE COUNTER MEDICATIONS: YES ___ NO ___ (parent initial)

LIST Health Conditions: _____

LIST ANY EMOTIONAL OR BEHAVIORAL CONDITIONS _____

RECOMMENDATIONS AND RESTRICTIONS WHILE AT CAMP?: _____

Special dietary needs: _____

NAME OF MEDICAL INSURANCE: _____

GROUP ID: _____ NAME OF SUBSCRIBER _____

COPY OF CARD INCLUDED: _____

Atlanta Workshop Players has permission to transport and treat my child at a doctor or hospital in case of illness or injury.

Parent Signature: _____

Date of Signature: _____

Atlanta Workshop Players Performing Arts Camp 2021

Medical Exam Form

This exam must take place within ONE YEAR of camp date (a sports physical is sufficient).

STUDENTS UPLOAD to <https://www.dropbox.com/request/orl9jReMVrYIIN39MZrV>

COUNSELORS/STAFF UPLOAD to <https://www.dropbox.com/request/hmb50mTxfqklwgDgZl7z>

(Questions about uploading, contact Info@AtlantaWorkshopPlayers.com)

THE FOLLOWING IS TO BE FILLED OUT BY A LICENSED PHYSICIAN

FOR _____ (student's name) DATE OF EXAM _____

IMMUNIZATION (Include month/year given or attach immunization record)

DPT					
TD					
POLIO					
MMR					
TB Test (include result)					
HIB					
Hepatitis B					
COVID-19 (include result)					
Other					

EXAMINATION CODE: V - Satisfactory, X - Not Satisfactory (explain), O - Not Examined

HT _____ WT _____ BP _____ PULSE _____ HCT or HGB TEST _____ URINALYSIS _____

Eyes		Musculoskeletal	
Glasses		Spine	
Ears		Shoulders	
Nose		Arms/hands	
Throat		Hips	
Teeth		Knees	
Neck		Ankles	
Cardiovascular		Feet	
Chest and lungs		Neurological	
Abdomen		Skin	
Genitalia		Maturity (tanner stage)	1 2 3 4 5
Hernia		Menses	

ALLERGIES & REACTIONS _____

GENERAL APPRAISAL _____

I have examined the person herein described and have reviewed the health history. It is my opinion that this student is physically able to engage in camp activities, except as noted above. PHYSICIAN SIGNATURE _____

PHONE _____ PRINT NAME _____ DATE _____

Preparing for the Summer Camp Experience

Summer camp is more than a vacation. At camp, students develop companionship and pick up skills that enhance self-reliance, cooperation and interdependence. These skills will remain with them into adulthood. Before camp begins, there are some preparations to consider that may make the camp experience more fun and rewarding. Following are some coping tips from the American Camping Association to consider before your child leaves for camp: Consider camp as a learning experience. This is an opportunity for a student to explore a world bigger than their neighborhood and a chance for parent and child to practice “letting go.” Letting go allows children to develop autonomy and a stronger sense of self, make new friends, develop new social skills, learn about teamwork, be creative and more. Prepare for camp together. Decisions about camp should be a joint venture, keeping in mind the child’s maturity. If a child feels a part of the decision-making process, the chances of having a positive experience will improve. Talk about concerns. As the first day of camp nears, some children experience uneasiness about going away. Talk about these feelings. Communicate confidence in their ability to deal with being away from home. Have realistic expectations. Camp, like the rest of life, has high and low points. Every moment is not filled with wonder and excitement. Encourage children to have a reasonable and realistic view of camp. Discuss both the ups and downs the child may encounter. Make sure the child does not feel pressured to succeed at camp. For the child, the main purpose of camp is to experience new things, learn and have fun.

Prescription for Homesickness: Preparation and Patience

This summer, millions of children will get their first taste of independence at a summer residential camp. For some, it will also be their first experience with “homesickness”, which can take the form of stomach aches, headaches, occasional misbehavior (in hopes of being sent home) or even statements about “hating” camp. Some kids need a couple of days to adjust to life at camp & being away from home. Parents don’t have to feel helpless when homesickness strikes. The prescription for homesickness is preparation & patience. Overcoming homesickness & learning to care for oneself are important challenges that can be faced at camp. The following tips are suggested:

- *Encourage your child’s independence throughout the year.
- *Discuss what camp will be like before your child leaves.
- *Reach an agreement ahead of time on calling each other. If your child’s camp has a “no phone calls” policy, honor it. (A.W.P. has a “no phone calls” policy. Students may make a call at the Nurse’s station if **necessary**)
- *Send a note or care package ahead of time to arrive the first day of camp. Acknowledge, in a positive way, that you will miss your child. For example, you can say “I am going to miss you, but I know that you will have a good time at camp.”
- *Don’t bribe. Linking a successful stay at camp to a material object sends the wrong message. The reward should be your child’s new found confidence and independence.
- *Pack a personal item from home, such as a stuffed animal.
- *Don’t tell your child that you will “rescue” them from camp if they don’t like camp and resist the temptation to do so.
- *If a “rescue call” comes from the child, offer calm reassurance and put the time frame into perspective. Avoid the temptation to take the child home early.
- *Acknowledge your child’s feelings and communicate your love. You might say, “If you still feel this way in two days, we’ll discuss what we can do.”
- *Support your child’s efforts to work out the problems with the help of the camp staff.
- *Talk candidly with the camp director to obtain their perspective on your child’s adjustment.
- *Remind them, if necessary, that they have made a commitment.
- *Don’t feel guilty about encouraging your child to stay at camp. For many children, camp is a first step toward independence and plays an important role in their growth and development.
- *Trust your instincts. While most incidents of homesickness will pass in a day or two, the occasional child who is truly not adjusting to camp life at all should be allowed to return home after a reasonable amount of time and effort. However, don’t make your child feel like a failure if their stay at camp is cut short. Focus on the positive and encourage your child to try camp again

next year.

Thank you for choosing to
Follow Your Dreams & Create Your “DESTINY”
with the Atlanta Workshop Players!



We look forward to meeting and getting to know each and every one of you! Come prepared for exciting classes, performances and tons of fun!

With Smiles,

Lynn Stallings & The AWP Staff

(770) 998-8111

www.AtlantaWorkshopPlayers.com

Info@AtlantaWorkshopPlayers.com

Atlanta Workshop Players

Mailing address (Different from camp time mailing address)

355 North Peak Dr

Alpharetta, GA 30022