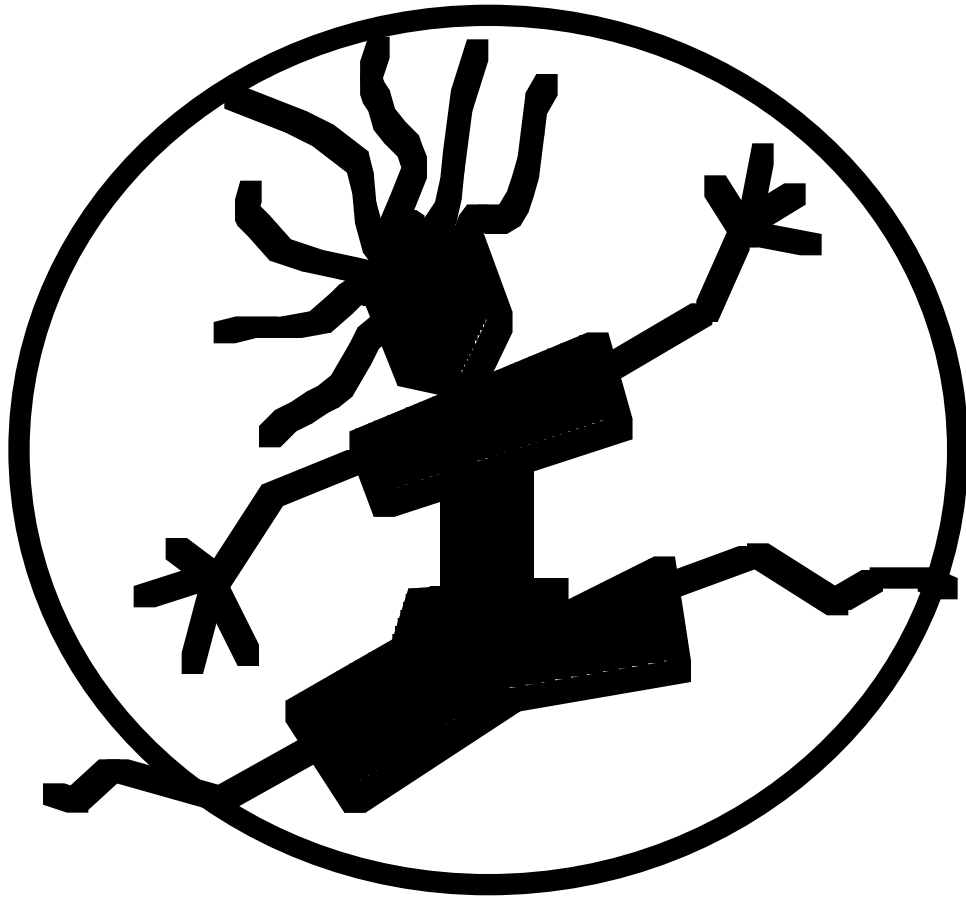


The Atlanta Workshop Players  
present



*Camp "Destiny" 2010*

*Residential*

Information Guide Book



# Welcome to the Atlanta Workshop Players

## Camp “Destiny” 2010

We want you to have the very best ARTISTIC ADVENTURE ever!  
 This document is designed to answer questions concerning the camp for both students and parents.  
 We suggest that parents and students read this information together.

NOTE: There are 3 forms at the online registration site that must be filled out and returned to AWP by May 15th. (Medical Form, Questionnaire & Student Referral Form)  
 APS Students also need to send a resume & letter of recommendation for final acceptance into the program.  
[www.AtlantaWorkshopPlayers.com](http://www.AtlantaWorkshopPlayers.com) (Then go to camp registration)

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## **Atlanta Workshop Players**

8560 Holcomb Bridge Rd. Suite 111, Alpharetta, GA 30022  
 (770) 998-8111, Fax (770) 998-0227  
 email: [info@AtlantaWorkshopPlayers.com](mailto:info@AtlantaWorkshopPlayers.com)  
[www.AtlantaWorkshopPlayers.com](http://www.AtlantaWorkshopPlayers.com)

# General Camp Information & Policies

## **Welcome To Your Creative Adventure!!!!**

**TRANSPORTATION TO CAMP:** A map & directions to Oglethorpe University is included in this packet. If arriving by **PLANE**, the AWP Camp staff will meet campers at the gate & deliver them to the camp for a fee of \$60.00 each way. Call (770) 998-8111 one week in advance to make arrangements. Make sure you speak with an AWP administrator directly. A confirmation call is required 2 days prior to pickup.

**INSURANCE & PHYSICAL:** Campers should be covered by their own health insurance. Each camper **must** submit a Medical Examination Form with a physical completed by a licensed physician within one year of camp date, in order to be admitted to the program. A sports physical is sufficient. **This is mandatory**—there can be no exceptions to the one year time period. It is for the protection of your child, as well as the other campers, that everyone be given a clean bill of health prior to attending camp. **Failure to comply** will result in the camper not being admitted to the program, in which case no refund of camp fees will be made. Note: Hospitals may not provide emergency treatment unless parents have signed & dated the release statement on the medical form. Blank medical forms, along with a general questionnaire & student referral form will be emailed to you shortly after you register. Return these by May 15th.

**MEDICATION:** All medication, including “over-the-counter” must be left with the Camp Medical Staff. Any medications found in possession of a camper will be confiscated, parents will be notified & dismissal from camp could result. “Over the counter” meds are available in the Camp Clinic & can be given by the Medical Staff if deemed necessary & permission has been granted by the parent on the Medical Form.

**CLASSES:** All students are required to attend daily classes & rehearsals. Students may choose electives in any subject area, regardless of weekly major chosen. Students are encouraged to take classes in all subject areas (i.e. dancers take acting classes; actors take movement classes) in order to become well rounded. Besides, it’s a blast to try new things while surrounded by fun, creative people! Counselors will help students make appropriate class level choices. Proper dance wear and neat hair are required for dance classes.

**AUDITION FOR CASTING DIRECTORS AND TALENT AGENTS:** Advanced acting students in ALL residential sessions have a rare opportunity to perform a prepared monologue for Agents and Casting Directors. All participants **MUST** complete and return the questionnaire by May 15th to be eligible.

**CABARET NIGHT:** Campers have the option to perform for each other on Cabaret Night! It’s a night filled with entertainment and standing ovations! You are welcome to perform whatever you are best at ...dance, song, comedy, juggling, etc. You must **sign up in advance** so please **COMPLETE** & return the questionnaire by **May 15th**. (Questionnaire & other forms will be emailed to you shortly after you register) **\*NOTE: IN ORDER TO HAVE TIME FOR EVERYONE, YOU MAY ONLY PERFORM IN 1 PIECE PER SESSION! WE CANNOT ACCEPT CABARET REQUESTS AT CAMP**, so make sure to get your questionnaire to AWP! Performance piece **must be limited to 2 minutes & prepared prior** to coming to camp. Please bring any props, costumes, music, or materials needed to share your talent. Make sure all material (including lyrics to songs) is **appropriate for ALL AGES**. We request that parents listen carefully to all lyrics for inappropriate subject matter & adult content. Accompaniment should be on a CD or I-Pod as a pianist may not be available. Be sure all CD’s & I-Pods are **labeled with the campers name, track # & the title of the performance piece**. We suggest that you make an edited CD that contains only the portion of the song you intend to perform and adheres to the **2 minute time limit**. **Also bring a backup copy in case of malfunction or loss.**

**PHONE CALLS TO & FROM CAMPERS:** Phone calls tend to disrupt the camp program and often create homesickness. For these reasons, **PHONE CALLS & CELL PHONES ARE NOT PERMITTED**. You can reach the camp staff by leaving a message at (770) 998-8111 or on Lynn Stallings’ cell phone, (770) 366-6888. We’ll be busy creating a joyful, artistic experience for the campers, so please call **ONLY** if it’s **URGENT**.

**MAIL:** All Residential Campers love mail. It brightens their day. Please address mail as follows:  
Camper’s Name / Traer Dorm, Atlanta Workshop Players “Camp Destiny” C/O Oglethorpe University  
4484 Peachtree Rd. NE Atlanta, GA 30319-2791.

## **LODGING, ROOMMATES, & MEALS:**

**Resident Camp** price includes all classes, workshops, entertainment, recreational activities, supervision, meals & lodging. Students will be assigned to rooms with roommates of the same age, gender & major. We will honor a request for friends to be in the same room or suite, if their age, grade level & major allow AND both parents make the request in writing. Students are housed in 2-room suites with 2-3 people per room & a connecting bath. Campers are advised to keep any money & valuables in their dorm room & lock the door at all times. The living quarters are very basic dorm rooms. It's not fancy --- we're at camp! Feel free to bring decorations & a lamp! NOTE: If you have allergies, you may consider bringing a portable air purifier. If a camper needs to come a night early or stay a night later, there will be additional room & board charges.

**ROOM KEYS:** A \$60.00 room key deposit will be taken at registration & returned *ONLY* if keys are returned at check out. The room key deposit may be paid by cash or check. **If paying in cash**, please have correct change. **If paying by check**, make payable to **Atlanta Workshop Players**, for this amount only -separate from tuition payment. NOTE: Student has sole responsibility for their key. A key chain will be given as a convenience only -- it is not a guarantee against loss. You are welcome to bring your own very strong key chain. Remember, you are still responsible for your key even if you give it to someone else to hold -- including your counselor!

**WHAT TO BRING:** Keep packing simple and limited to what you feel the camper will absolutely need. Use a permanent marker to write the camper's name on every item. Pack enough changes of clothing for the length of the session. If absolutely necessary, laundry facilities are available. **PARENTS:** Please discuss the importance of cleanliness and personal hygiene with your children! We're trying to avoid the pungent classrooms. Let's work together! Bathing is good!!

### **PACKING LIST:**

- \*XL Twin bed sheets
- \*Pillow & Pillow Case
- \*2 Blankets or Sleeping bag
- \*Water Bottle with lid
- \*Towels
- \*Toiletries
- \*Raincoat or poncho
- \*Casual, comfortable clothing
- \*Pajamas / Bathrobe
- \*2 Pair of Shoes
- \*Sweater
- \*Swimsuit and Beach towel
- \*Dance wear or sweats
- \*Notebook, pen & pencil
- \*Money for snack bar  
(optional - suggest \$20-\$30 per week)
- \*Any music, costumes or props for Cabaret Night!
- \*Room Decorations (optional)
- \*3 bean bags, or 3 chiffon scarves for juggling
- \*Flashlight & batteries
- \***Musical Theatre Majors:** Tape recorder w/batteries, blank tape (Optional, but helpful)
- \***APS Students:** CD Player for rehearsals

**ITEMS NOT TO BRING:** Cell phones, computers, clothing that promotes alcohol, tobacco or obscenities, videos/DVD's that have more than a PG rating, printed material that may be considered objectionable, knives, weapons, matches, lighters, cigarettes or any item that could be of potential danger to yourself or others. The possession of these items could result in dismissal from camp. The camp cannot be responsible for lost items, although every effort would be made to find them. We suggest leaving valuables at home. Please pack carefully when ready to leave.

**DRESS CODE:** The Atlanta Workshop Players believe in expressing your artistic creativity in all that you do, including how you dress! We encourage you to wear bright colors, fun shoes, silly hats and articles of clothing that express *your* individuality! When making these choices, we ask that you take into consideration a certain level of modesty. Please dress appropriately for all classes, shows, evening activities, etc. Avoid clothing that is too sheer, extremely low cut, or displays any suggestive phrases, designs, profanities, etc. Sometimes choices are a little skimpy & you may be asked to change.

**REFUND POLICY:** In case of cancellation, all fees, minus \$100, are refundable through April 15th.

**NO REFUNDS WILL BE MADE AFTER April 15th.** All cancellations must be in writing. \$100 of the camp deposit is a nonrefundable processing fee. NO deduction is allowed for late arrival, early departure, withdrawal, or dismissal.

**FOOD: Residential Camp** dining hall provides healthy selections which include a fully stocked salad bar as well as a hot bar, a sandwich bar and vegetarian choices. Campers may return to the serving line as often as they wish. For the convenience of the students, a snack bar will be open in the dorm each evening. Consideration will be made for special dietary needs. Please contact the AWP office to make a request. 770-998-8111.

**SUPERVISION:** The success of your child's "Destiny" experience is directly related to the quality of our staff. The AWP Staff are instrumental to our close-knit family atmosphere. Many staff members have grown up with AWP, and most members return for many years.

***Counselors*** are chosen based on their love of children, leadership ability and expertise in the performing arts. Each counselor is carefully screened and participates in an intense counselor training program. They will work the closest with your child, providing them with an artistic adventure they will talk about for years to come! In fact, most of our counselors were campers with AWP "once upon a time"! There will be 1 or 2 counselors for approximately 7 to 10 students.

***House Parents*** are in charge of your child's living quarters. They play a major role in your child's care. They become their mom/dad for the week and make them feel right at home! If a child is feeling homesick or just needs some advice, they are there to help make things better.

***Medical Staff*** members have become some of the most beloved members of our AWP family! Physicians and/or RN's make up this "Care Package" that is ready to fix your boo-boo's or just plain "cheer you up" anytime of the day. They deliver all medications and monitor any health concerns. We love them dearly and you will too! There is a full service hospital within 10 minutes of the Oglethorpe campus.

***Administrative Staff*** works around the clock to make sure your child's needs are met. They know that each child is special & will help make your requests a reality. You will recognize them with their zany hats & colorful decor, & know that they are here to make your "Destiny" experience a fantabulous adventure!

***Campus Security*** monitors all locations on foot, bicycle and car and have taken a special interest in our camp because of our splendiferous kids! Your child's safety always comes first!

**DISCIPLINE:** Camp is a place where young people can be free to have a good time in a creative atmosphere & enjoy many exciting activities with others. We do not expect any discipline problems. However, in the rare event that a camper might create a situation which disrupts the camp program or could be harmful to himself or the other students, parents will be notified to pick up that student immediately (In which case, the camp fee would be nonrefundable). **SMOKING, TOBACCO, ALCOHOL, PROFANITY, STEALING, THREATS, ACTS OF VIOLENCE, WEAPONS, SEXUAL CONTACT, AND ILLEGAL DRUG USE ARE STRICTLY FORBIDDEN AND WOULD WARRANT IMMEDIATE DISMISSAL FROM CAMP.** A student's person and/or personal belongings (purse, suitcase, book bag, etc.) may be searched whenever the AWP directors have reason to believe that the student is in possession of illegal or unauthorized materials. If an AWP staff member has reason to believe that a particular student has an item imminently dangerous to the student or others, a more intrusive search of a student's belongings or room may be conducted without the student's consent. **DRUG DOGS will be used as part of AWP's security team to insure a safe & drug free environment.**

**Parents are responsible for any damages, or defacing of property incurred by students while at camp and will be billed for any damages, after inspection at the end of camp.**

**MULTIPLE SESSIONS:** Residential Campers staying for consecutive weeks have the option of spending the weekends at home or on campus July 10-11 for an additional charge of \$60 or July 16-18 for a additional charge of \$150. **We strongly suggest that campers go home if possible, so they will be completely rested for their next exciting week.** They would be expected to return on registration day to check-in.

**VIDEO MEMORIES LAST A LIFETIME:** If you did not pre order your camp DVD, they will be on sale at the performance on the last day of each session. Cost for DVDs will be \$45 for one session and \$35 for additional sessions. You can expect the arrival of your video 4-6 months after the last camp session! (There is a great deal of post-production required to create the dynamic 2 hour video!)

# Residential Sessions 5 & 6

## ARRIVAL & CHECK-IN

Check in is at **Emerson Student Center-Oglethorpe University, Atlanta**

\* Signs will be posted on campus to direct you \*

**Session arrival dates are:**

### Session 5

Monday., 7/5

(Early check-in available 7/4 between 11 & 2 pm,

Register & unpack then simply get dropped off on Monday)

### Session 6

Sunday., 7/11

All campers with last names starting w/ A-L, check in 12:00-1:30pm, letters M-Z check-in 1:30-3

## DEPARTURE AND FINAL PERFORMANCE

Each Session will culminate with a performance that should last approximately 1 1/2 hours. This performance is an informal sampling of the work done during the week. You will see “works in progress”. All students have several opportunities to participate in the show by choosing the classes that will be preparing performance pieces. Juggling, African Dance, Swing Dance, Hip Hop, Mime, & Stage Combat will all choose performers to participate. Work hard & be assertive when choices are being made. Enthusiasm & facial expression during performance are as important as skill. Students also have the option of choosing nonperformance classes. Many, but NOT all, dance and theatre projects will be presented live on stage. The video projects will be shown on TV monitors during the show, and we strive to repeatedly include every camper in our camp video (**Please note:** You will see an incomplete sample of the camp video during the show. The final version will contain much more footage of students). Therefore, some performers will appear on stage several times; others may appear in the video & closing number only.

### **Performance Dates and Show Times are:**

#### Residential Session #5

**Saturday, 7/10 at Lupton Auditorium**  
**2:00 pm Show for Students age 12 & Under**  
**3:30 pm Show for Teens**

Parents are invited to join us for this presentation. Upon arrival on campus,

Parents should go directly to the theatre (The campers will be in final rehearsal at this time).

#### Residential Session #6

**Friday, 7/16 at Lupton Auditorium**  
**5:00 pm Show for ages 12 & Under**  
**7:30 pm Show for Teens**

**Residential Camp check-out** will take place in Traer Dorm. All luggage & belongings will be under lock & key until after the performance. Immediately following the show the campers will go to Traer Dorm WITH their parents to retrieve their belongings, drop off their key & get their key deposit back, pick up medications, look through lost & found, & then head for home with new memories, skills, and friendships. \*\* Session #5 students returning for session #6 have option to stay on campus over the weekend for an additional fee of \$60. Request this on the questionnaire with your online registration. We strongly suggest that they go home to catch up on sleep & check back in on Sunday 12 to 3 pm.

### **DESCRIPTION OF MAJORS:**

**Theatre Majors (On Stage)** prepare a scene study project. Groups will have approximately 4 hours with an acting coach, to plan a scene to perform for the entire camp. The main goal is to collaborate on a performance piece & present it for critique, thus, making it a learning experience. The “process” is more important than the “product”. Some & only some scenes are chosen to be performed at the end of the week show. We choose scenes depending on how prepared they are, & how different they are from the other scenes. We look for contrast & variety in the show. If your scene is not chosen for the show at the end of the week, please realize that the real goal of preparing a scene & performing for your peers has already been reached. Be proud of your work & focus on what you’ve learned and how much fun it was.

**On Camera Majors (Video)** prepare a “mini movie”. This could be a movie “trailer”, soap opera, commercial, music video, etc. Students & counselors “brainstorm” for story ideas. There is a video preparation workshop to discuss ideas. The crew helps organize the script & story board before shooting. Videos are shown at the end-of-the-week show.

**Musical Theatre Majors** prepare a production number for performance during the end of the week show.

**\*NOTE:** If after reviewing the descriptions above you find that you have chosen a major that isn’t a good match -- please call the office *immediately* at 770-998-8111 to change it.

# Advanced Production Session

## ARRIVAL AND CHECK-IN

Sunday, July 11th

Check-in is at the **Emerson Student Center-Oglethorpe University**

All campers with last names starting with A-L, check in between 12:00-1:30pm

All campers with last names starting with M-Z, check in between 1:30-3:00pm

## WEEKEND BREAK -- Friday, July 16th- Returning Monday, July 19th

**WEEKEND CHECK-OUT:** Friday, July 16th, Students spending the weekend at home will leave campus at 6:30 PM Friday. \*\* You must check-out with staff in the Traer Dorm Courtyard.

Note: Students are welcome to stay on campus during the 3-night weekend for an additional fee of \$150, but we **strongly** urge them to take the weekend off at home, catching up on sleep, learning lines, practicing choreography, collecting costume pieces, etc. They will need this time.

**RETURN TO CAMPUS:** Monday, July 19th; **Parents accompany students** to Traer dorm to drop off belongings between 9:15 & 9:30 AM, and **THEN** students check-in with counselor in the Traer Courtyard at 9:45 sharp.

**Note: Early check-in is available at 7:30 pm on Sunday night July 18th in Traer Dorm.**

**PARENTS**, please do not leave until student has been officially checked in with their counselor at Traer Dorm.

## FINAL Performances - Saturday, July 24th

The Advanced Production Session culminates with several full productions. (Two musicals and one play) Each student will be cast in one of these shows We invite friends & family members to come & be entertained by these spectacular performers. Upon arrival on campus, **Parents should go directly to Lupton Auditorium.** You will be notified of final performance time during the weekend break (July 16th). SCHEDULE:

9:15-10:15 AM, Musical Revue (Admission is FREE)

12 -1 PM, Musical Revue (General Admission is \$10, Students \$8)

2:30-3:30 PM, One Act Play (Admission is FREE)

4:15-5:15 PM, One Act Play (General Admission is \$10, Students \$8)

6:30-8 PM 25th Annual Putnam County Spelling Bee (Admission is FREE)

8:30-10 PM 25th Annual Putnam County Spelling Bee (Gen. Admission \$10, St. \$8)

## CHECK-OUT

**Saturday, July 24th:** **Immediately following their show**, all performers will go with their parents to retrieve their belongings, drop off their key and get their key deposit back, pick up any medications, look through lost & found and officially check-out at TRAER DORM. Luggage and belongings will be under lock & key until this time. After check-out, you and your parents are welcome AND encouraged to stay to watch your friends in any shows that may perform after yours. **Please note:** Once your own show is over, you will officially check-out and AWP will no longer be providing supervision.

# **AUDITION NIGHT**

## ***WITH CASTING DIRECTORS AND TALENT AGENTS*** **Sessions 5, 6 & 7 (APS)**

**ADVANCED ACTORS (Including APS students)** are invited to prepare a one minute monologue (scene) to perform for professionals who are in a position to provide agent representation, cast major films, television shows, commercials, and professional theatre. The monologue should be television/film style and be conversational (rather than narrative, presentational or poetry) Scene **MUST BE PREPARED BEFORE CAMP!** Our staff will coach each performer and help them determine if their piece is ready for a professional level audition of this type. Each of the casting directors and agents will give the performers a private, individual critique of their work. This is a rare opportunity. We hope that all experienced students will take advantage of the audition and prepare well. Campers that are not actively participating will also be inspired by this experience as they take on the roll of the audience. They get to be entertained and learn from observing the audition process.

### **THE FOLLOWING IS A LIST OF STRONG RECOMMENDATIONS FOR PREPARING THE MONOLOGUE:**

1. FIND A CONTEMPORARY TV/FILM ORIENTED MONOLOGUE WITH A RANGE OF EMOTIONS.
2. IT IS BEST TO HAVE 2 CONTRASTING PIECES PREPARED (ONE HUMOROUS, ONE SERIOUS). THE MONOLOGUE COACH WILL HELP YOU CHOOSE THE BEST PIECE.
3. CHOOSE A PIECE THAT FITS YOUR AGE AND LOOK.
4. AVOID ANYTHING THAT RHYMES. SCENES NEED TO BE CONVERSATIONAL.
5. AVOID SUBJECTS THAT ARE EXTREMELY CONTROVERSIAL, VERY DISTURBING OR DEPRESSING.
6. AVOID USING TOO MANY PROPS. (A CHAIR IS APPROPRIATE)
7. STICK TO THE ONE-MINUTE TIME LIMIT TO AVOID BEING CUT OFF.
8. MEMORIZE LINES, **PREPARE WELL IN ADVANCE** AND KNOW YOUR MATERIAL THOROUGHLY. STUDY ENTIRE SCRIPT, NOT JUST YOUR MONOLOGUE. BE ABLE TO ANSWER QUESTIONS ABOUT YOUR CHARACTER'S BACKGROUND, MOTIVATIONS, GOALS, ETC.
9. DO NOT WEAR A COSTUME BUT DO WEAR STREET CLOTHES THAT SUGGEST YOUR CHARACTER.
10. PREPARE AN INTRODUCTION: SAY YOUR FULL NAME AND THE NAME OF THE SCENE YOU ARE GOING TO PERFORM. KEEP IT VERY BRIEF AND PROFESSIONAL AND SMILE! THERE IS NO NEED TO EXPLAIN WHAT IS GOING ON IN THE SCENE, JUST THE TITLE.

### **WHERE TO FIND MONOLOGUES:**

- A. **PLAYS** - Make sure the scene fits your age. We suggest a contemporary piece that can be performed in a realistic television/film style.
- B. **FILMS OR TELEVISION SHOWS** - DVD's can be rented and scenes lifted from them. Lift only the "words", do not try to copy the interpretation.
- C. **WRITE AN ORIGINAL MONOLOGUE** - Make sure it is conversational with a range of emotions.
- D. **BOOKS** - Written in the first person.

**\*\*\*AVOID SCENES FROM MONOLOGUE BOOKS--THEY ARE OVER USED .\*\*\***

**PREPARE WELL AND HAVE FUN!!!  
WE LOOK FORWARD TO BEING ENTERTAINED  
BY YOU!**

# Advanced Production Session (APS)

(Special Two-Week Performing Arts “Boot Camp”)

## Audition, Casting and Production Information

The focus of this session is on the process of creating a full production from audition through public performance.

**Performers** must arrive at camp with a **prepared audition**. The first 2 days will be spent in classes, audition technique workshops & going through the audition and call back process. Each performer will be cast in one of several shows. This session is geared toward preparing the performer for the “real world” audition & production process. **The utmost professionalism and dedication will be expected.** Cool fact: Everyone will be cast! The reality is that some roles are larger than others and there is no guarantee concerning the size role that will be awarded. Being able to handle anything from a starring role to a chorus role, gracefully, is an art that is vital to master in show business. It is important to understand that every role has great value and provides a strong learning experience, regardless of it’s size. Also, the number of lines (spoken or sung) does not determine the size of the role. There are many sizable rolls with only a few lines.

### **What performers need to prepare for auditions!**

Each performer will be given a total of 1 minute to show us their very best. You may use this time to do only a monologue; only a song; or do both within your one minute time limit. (Definitely do both if you are interested in doing a musical production.) Your one minute will be timed and starts when you **INTRODUCE YOURSELF.....**so plan wisely. We must strictly adhere to this time limit. All students will also do a dance audition. If you’re a “non-dancer”, don’t worry, there will be a basic, intermediate and advanced level audition. You do not need to prepare a dance piece....you do need to prepare the one minute audition described above.

### **Audition Hints:**

For monologue preparation, follow the instructions for “AUDITION NIGHT” included in this document. The only difference is that we are looking for a theatrical style, rather than a television/film style.

NOTE: The APS students ARE welcome to do the Agent’s Night Auditor for TV/Film as well as the APS audition that is required.

**Vocal auditions:** Choose a song that tells a story, evokes emotion and is age appropriate. Try to avoid “signature songs”. These are songs that were made famous by phenomenal singers. (Such as Celine Dion, Barbara Streisand or Michael Crawford. So please avoid “My Heart Will Go On”, “Streisand” tunes, Wicked, Les Miserables, etc.) It puts anyone at a disadvantage to be compared to these artists unless you sing as well as they do. If you do sing like Celine, then “signature songs” would be fine, otherwise it is wise to choose a more obscure song. Stage your songs. Add emotion, movement, even a bit of choreography when appropriate. Choose the portion of the song that best shows off your voice. The last verse with the big finish is usually the best choice.

**\*\*Bring accompaniment CDs for all vocal auditions\*\*** Accompaniment tracks need to be:

1. Instrumental (No lead vocals)
2. We suggest that you edit your CDs\*\* in advance so that they only contain the portion of the song that you intend to sing and only one track. This avoids cuing mistakes..Always have a backup copy!  
\*\*This is extremely important because you only have a total of 1 minute. It would be a shame to waste that minute trying to find your song or trying to get the CD to work. Be prepared.
3. Bring a CD of the full song, as well as a contrasting song choice, in case the casting directors want to hear you do something else. In other words be prepared for anything.

### **Where to get accompaniment CDs:**

- 1) Karaoke & “Sing-A-Long” CDs can be found at most music stores (Tower Records, Best Buy, etc.)
- 2) On the internet at [www.musicalcreations.com](http://www.musicalcreations.com), [www.singingstore.com](http://www.singingstore.com).  
You can call Musical Creations at (919) 460-7464 if you need to discuss key changes or arrangements.
- 3) Have someone play the piano or guitar and record that. It is fine for the accompaniment to be simple.

**The most important thing is to choose material that you like  
and pour your heart and soul into it! Hold nothing back!  
Plan and prepare early! Have fun!**

**Theme for Camp Destiny 2010 is.....**



**Mardi  
Gras**



**Come Celebrate Your  
Love for the Arts**



***Camp Destiny  
Where the Party  
Begins***



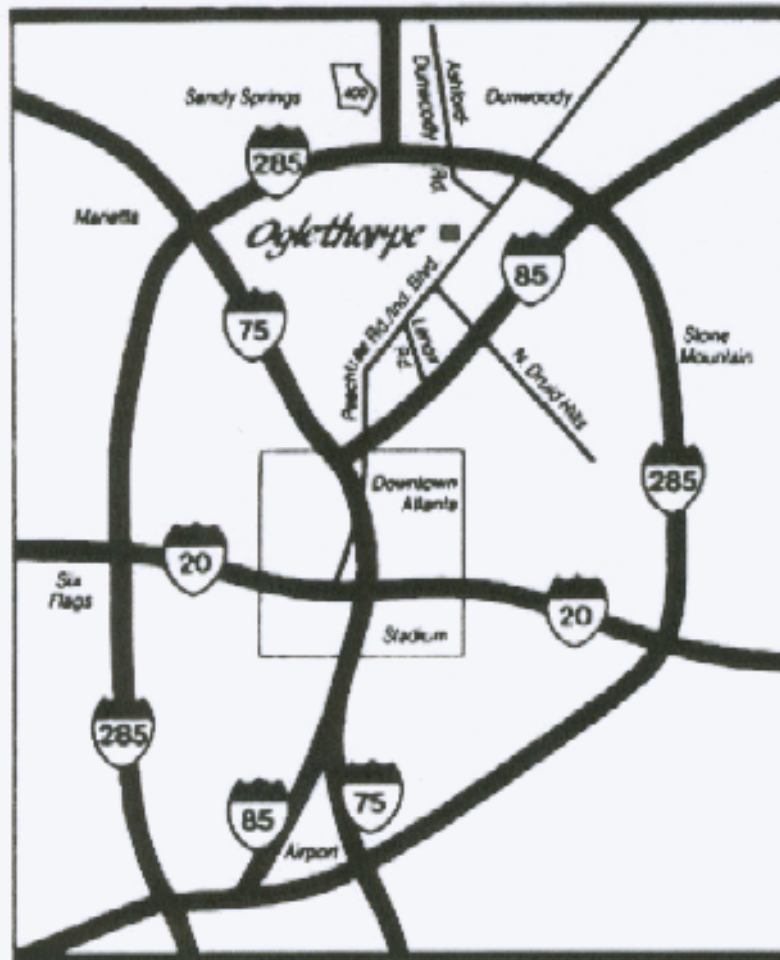
**No need to spend any money  
use your imagination for great ideas to  
decorate yourself, your room...even your friends!**



# Directions to Oglethorpe *University*

## for Sessions 5, 6 & 7 of “*Destiny*” 2010

4484 Peachtree Rd. NE, Atlanta, GA 30319-2791



### **From I-85:**

Take Exit 89, North Druid Hills Road. Go north about 2 miles to Peachtree Road and turn right (north). Go about 1 mile on Peachtree Road; Oglethorpe is on the left.

### **From I-285:**

Take Exit 31-A, Peachtree Industrial Blvd. South for about 4 miles. Oglethorpe is on the right.

# Preparing for the Summer Camp Experience

Summer camp is more than a vacation. At camp, kids develop companionship and pick up skills that enhance self-reliance, cooperation and interdependence. These skills will remain with them into adulthood. Before camp begins, there are some preparations to consider that may make the camp experience more fun and rewarding. Following are some coping tips from the American Camping Association to consider before your child leaves for camp:

**Consider camp as a learning experience.** This is an opportunity for a student to explore a world bigger than his/her neighborhood and a chance for parent and child to practice “letting go.” Letting go allows children to develop autonomy and a stronger sense of self, make new friends, develop new social skills, learn about teamwork, be creative and more.

**Prepare for camp together.** Decisions about camp should be a joint venture, keeping in mind the child’s maturity. If a child feels a part of the decision-making process, the chances of having a positive experience will improve.

**Talk about concerns.** As the first day of camp nears, some children experience uneasiness about going away. Talk about these feelings. Communicate confidence in his/her ability to deal with being away from home.

**Have realistic expectations.** Camp, like the rest of life, has high and low points. Every moment is not filled with wonder and excitement. Encourage children to have a reasonable and realistic view of camp. Discuss both the ups and downs the child may encounter. Make sure the child does not feel pressured to succeed at camp. For the child, the main purpose of camp is to experience new things and have fun.

## **Prescription for Homesickness: Preparation and Patience**

This summer, millions of children will get their first taste of independence at a summer resident camp. For some, it will also be their first experience with “homesickness”, which can take the form of stomachaches, headaches, occasional misbehavior (in hopes of being sent home) or even statements about “hating” camp. Most kids need a couple of days to adjust to life at camp and being away from home.

Parents don’t have to feel helpless when homesickness strikes. The prescription for homesickness is a simple solution of preparation and patience. Overcoming homesickness and learning to care for oneself are important challenges that can be faced at camp. The American Camping Association suggests the following tips for parents:

- \* Encourage your child’s independence throughout the year. Practice separations, such as sleep overs at a friend’s house, can simulate the camp environment.
- \* Discuss what camp will be like before your child leaves.
- \* Reach an agreement ahead of time on calling each other. If your child’s camp has a “no phone calls” policy, honor it. (A.W.P. has a “no phone calls” policy.)
- \* Send a note or care package ahead of time to arrive the first day of camp. Acknowledge, in a positive way, that you will miss your child. For example, you can say “I am going to miss you, but I know that you will have a good time at camp.”
- \* Don’t bribe. Linking a successful stay at camp to a material object sends the wrong message. The reward should be your child’s new found confidence and independence.
- \* Pack a personal item from home, such as a stuffed animal.
- \* Don’t tell your child that you will “rescue” him/her from camp if he/she doesn’t like camp and resist the temptation to do so.
- \* If a “rescue call” comes from the child, offer calm reassurance and put the time frame into perspective. Avoid the temptation to take the child home early.
- \* Acknowledge your child’s feelings and communicate your love. You might say, “If you still feel this way in two days, we’ll discuss what we can do.”
- \* Support your child’s efforts to work out the problems with the help of the camp staff.
- \* Talk candidly with the camp director to obtain his/her perspective on your child’s adjustment.
- \* Remind him/her, if necessary, that he/she has made a commitment.
- \* Don’t feel guilty about encouraging your child to stay at camp. For many children, camp is a first step toward independence and plays an important role in their growth and development.
- \* Trust your instincts. While most incidents of homesickness will pass in a day or two, the occasional child who is truly not adjusting to camp life at all should be allowed to return home after a reasonable amount of time and effort. However, don’t make your child feel like a failure if their stay at camp is cut short. Focus on the positive and encourage your child to try camp again next year.

# Atlanta Workshop Players "Destiny" Performing Arts Camp 2010

## Medical Examination Form

This exam must take place within ONE YEAR of camp date (a Sports Physical is sufficient).

\*\*Mail to 8560 Holcomb Bridge Rd., Suite 111, Alpharetta, Ga. 30022 OR Fax to 770-998-0227.

**Call 770-998-8111 to confirm receipt of fax.\*\***

### THE FOLLOWING IS TO BE FILLED OUT BY A LICENSED PHYSICIAN

FOR \_\_\_\_\_ (Student's Name)      DATE OF EXAM: \_\_\_\_\_

#### **IMMUNIZATIONS (Include Month/Year Given)**

DPT	_____	_____	_____	_____	_____
TD	_____	_____	_____	_____	_____
POLIO	_____	_____	_____	_____	_____
MMR	_____	_____	_____	_____	_____
TB Test (include result)	_____	_____	_____	_____	_____
HIB	_____	_____	_____	_____	_____
Hepatitis B	_____	_____	_____	_____	_____
Other	_____	_____	_____	_____	_____

#### **EXAMINATION**    CODE:    V - SATISFACTORY,    X - NOT SATISFACTORY (EXPLAIN),    O - NOT EXAMINED

HT. \_\_\_\_\_ WT. \_\_\_\_\_ B.P. \_\_\_\_\_ PULSE \_\_\_\_\_ HCT or HGB TEST \_\_\_\_\_ URINALYSIS \_\_\_\_\_

Eyes \_\_\_\_\_  
 Glasses \_\_\_\_\_  
 Ears \_\_\_\_\_  
 Nose \_\_\_\_\_  
 Throat \_\_\_\_\_  
 Teeth \_\_\_\_\_  
 Neck \_\_\_\_\_  
 Cardiovascular \_\_\_\_\_  
 Chest and Lungs \_\_\_\_\_  
 Abdomen \_\_\_\_\_  
 Genitalia \_\_\_\_\_  
     Hernia \_\_\_\_\_  
     Menses \_\_\_\_\_

Musculoskeletal  
 Neck \_\_\_\_\_  
 Spine \_\_\_\_\_  
 Shoulders \_\_\_\_\_  
 Arms/Hands \_\_\_\_\_  
 Hips \_\_\_\_\_  
 Knees \_\_\_\_\_  
 Ankles \_\_\_\_\_  
 Feet \_\_\_\_\_  
 Neurological \_\_\_\_\_  
 Skin \_\_\_\_\_  
 Maturity (Tanner Stage): 1 2 3 4 5

Allergies & Reactions: \_\_\_\_\_

GENERAL APPRAISAL: \_\_\_\_\_

<b>MEDICATIONS:</b>	Name	Dose	When Administered	For What Condition
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

#### **RECOMMENDATIONS AND RESTRICTIONS WHILE AT CAMP**

SPECIAL DIET? \_\_\_\_\_ SWIMMING, DIVING? \_\_\_\_\_  
 STRENUOUS ACTIVITY? \_\_\_\_\_ OTHER? \_\_\_\_\_

I have examined the person herein described and have reviewed the health history. It is my opinion that this student is physically able to engage in camp activities, except as noted above.

PHYSICIAN SIGNATURE \_\_\_\_\_ TELEPHONE (\_\_\_\_) \_\_\_\_\_

PRINT NAME \_\_\_\_\_ EMERGENCY TELEPHONE # (\_\_\_\_) \_\_\_\_\_

ADDRESS \_\_\_\_\_ DATE \_\_\_\_\_

Cut along dotted line



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